

CLIMB[®]

Program

VIRTUAL

Supporting kids of a parent with cancer. Because **stronger** families make **stronger** survivors.

What is CLIMB?

CLIMB stands for Children's Lives Include Moments of Bravery. This special support program provides emotional support for children who have a parent or primary caregiver with cancer. The CLIMB program is held on Thursday evenings for five consecutive weeks. During the two-hour group meetings, conversation and art are used to help children identify and appropriately express complex feelings related to having a parent with cancer. They are given their own workbook to capture their progress, which they are encouraged to share with their family at home.

This program was developed by The Children's Treehouse Foundation, a nonprofit organization with specially trained group facilitators dedicated to the emotional support of children whose parents have cancer.

What about the parents?

We offer a concurrent parent group which takes place at the same time as CLIMB. Facilitated by a Swedish Cancer Institute social worker, the parent group is an educational experience where parents can learn and share healthy ways of helping their children cope with a cancer diagnosis in the family.

What is the cost of the CLIMB program?

The program is offered free of charge to both children and parent participants, because we firmly believe that stronger families make stronger survivors.

Who is eligible and how do we enroll?

Children ages **6-11** who have a parent or primary caregiver with cancer are eligible to enroll. The patient does NOT need to be receiving care at a Swedish facility — this program is open to the community.

The 2022 Winter and Spring sessions are held virtually:

Winter Sessions

Thursdays, **5:15-7:00 p.m.**

February 17 - March 17

Spring Sessions

Thursdays, **5:30-7:15 p.m.**

May 5 - June 2

Families are encouraged to talk with a social worker at any time to receive support for how to talk with kids about cancer. For more information about the CLIMB program or to enroll, please contact the Oncology Social Work referral line at 206-386-3228.

Registration is required.



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